

General Practice Policy

Medications & Supplements

MEDICATION POLICY

CONTROLLED SUBSTANCES

Narcotics/ Opioids, Benzodiazepines, and Hypnotics

i.e. Hydrocodone, Oxycodone, Codeine, Xanax, Valium, Ambien, Lunesta, etc.

These medications can be helpful in the short-term, however long-term use of these medications can lead to dependence and is seldom in the best interest of patients. Your physician may prescribe these medications while working with you to eliminate the underlying causes of your problem. In these cases, you will be required to sign a "Controlled Substances Prescribing Contract" which outlines the conditions under which your physician is willing to prescribe these types of medications. The "Controlled Substances Prescribing Contract" will be strictly enforced.

Testosterone

i.e. Testosterone cypionate (Depo), Depo-Testosterone, Testim, Androgel, Axion, etc.

Testosterone is a steroid hormone that is responsible for many functions with both a man's and woman's body. As with any medical treatment, Testosterone therapy has its' risks and benefits. At Infinium Med, we only prescribe Testosterone Therapy to patients after an in-office and laboratory evaluation warrant such treatment. If your physician deems testosterone therapy is warranted, you will be required to sign a "Controlled Substances Prescribing Contract" which outlines the conditions under which your physician is willing to prescribe testosterone. The "Controlled Substances Prescribing Contract" will be strictly enforced.

Stimulants.

i.e. Adderall, Ritalin, Concerta, etc.

These medications are commonly used for ADD in both children and adults. As with the above classes of controlled substances, stimulants carry risks in both long-term and short-term use. Your physician will work with you to eliminate secondary causes and address your ADD with alternative options. **However, we do NOT prescribe this class of medication.** If you require this medication, we will refer you to a Psychiatrist for management of this treatment.

** Your physician will NOT prescribe any controlled substances on your first visit.

NON-CONTROLLED MEDICATIONS

Medication Refills - It is our policy medication refills are best done during an office or virtual visit (at your physician's discretion). Your physician writes prescriptions for the time he feels is safe and appropriate between evaluations (i.e. office visits, follow-up labs, blood pressure check, etc.). When he writes a prescription, he will give you enough refills to last to your next scheduled follow-up appointment. If your refills are running low, it likely means it is time for your next appointment.

In-Office Dispensing - Infinium Med carries some commonly prescribed non-controlled medications. Those that are dispensed or administered on-site are provided to you at or near our cost (Direct Care Members only), however patients are in no way obligated to purchase medications from Infinium Med. Prescriptions may also be filled at your pharmacy, which will bill your insurance plan. Once you leave our office with the medications dispensed from our office, there are no returns. NO exceptions.

SUPPLEMENT POLICY

Supplements

Supplement Quality - Not all brands are created equal. The supplement industry includes a broad range of quality and effectiveness. Some of the products available make overstated health claims, being more concerned with marketing than with clinical effectiveness and medical research. In addition, products that are not rigorously tested for purity are sometimes contaminated or contain cheaper, less-effective forms of key ingredients. These products are not regulated by the FDA, making it more important to use brands that have a record of purity, effectiveness, and independent testing.

In-Office Dispensing - Infinium Med carries several high-quality, professional-grade supplements for patients to purchase as part of their treatment plans. These are provided to you at or near our cost (Direct Care members only), however, patients are in no way obligated to purchase supplements from Infinium Med. If you prefer to purchase products from other sources, please let your physician know so that he may help you find other options for finding high-quality products.

Supplement Returns and Refunds - Supplements cannot be returned after 7 days from purchase date, unless defective. If defective, we will exchange the defective product for the same product only, no refunds will be given. Products that are open and then stopped either by your physician or yourself for any reason cannot be returned. Only unopened product will be refunded at the price you originally paid.

Special Orders - Occasionally, a patient may require one or more specific products that are usually not available in our stock. All special orders must be pre-paid in full and cannot be returned, even if not opened. No exceptions.

Supplement Refills - It is our policy that supplement refills are best done during an office or virtual visit (at your physician's discretion). Your physician prescribes supplements for the time he feels is safe and appropriate between evaluations (i.e. office visits, follow-up labs, blood pressure check, etc.). When he prescribes a supplement, he will give you enough refills to last to your next scheduled follow-up appointment. If your refills are running low, it likely means it is time for your next appointment.